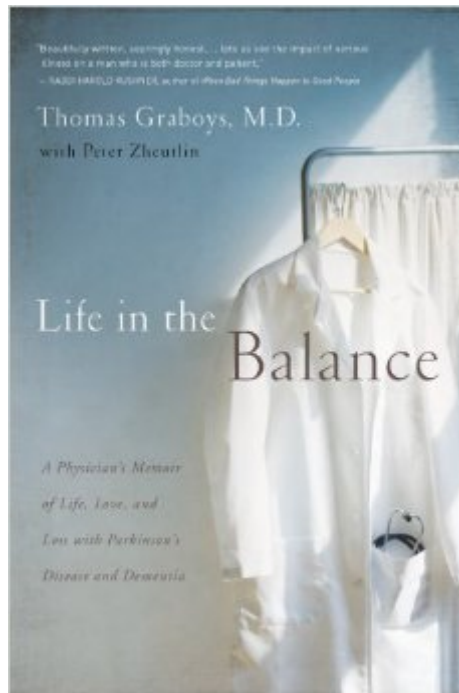


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# Life In The Balance: A Physician's Memoir Of Life, Love, And Loss With Parkinson's Disease And Dementia



## Synopsis

At the age of 49, Dr. Thomas Graboys had reached the pinnacle of his career and was leading a charmed life. A nationally renowned Boston cardiologist popular for his attention to the hearts and souls of his patients, Graboys was part of "The Cardiology Dream Team" • summoned to treat Boston Celtics star Reggie Lewis after he collapsed on the court in 1993. He had a beautiful wife, two wonderful daughters, positions on both the faculty of Harvard Medical School and the staff of Boston's Brigham and Women's Hospital, and a thriving private practice. Today, Grayboys is battling a particularly aggressive form of Parkinson's disease and progressive dementia, and can no longer see patients or give rounds. He is stooped, and shuffles when he walks, the gait of a man much older than his 63 years. Despite the physical, mental and emotional toll he battles daily, Graboys continues his life-long mission of caring for the world one human being at a time by telling his story so that others may find comfort, inspiration, or validation in their own struggles. This is an unflinching memoir of a devastating illness as only a consummate physician could write it. One can't help but imagine what Dr. Graboys, the healer, would say to Tom Graboys, the patient; a face-to-face scene imagined in this inspiring book. In his joint roles, Thomas Graboys finds a way to convey hope, optimism and an appreciation of what it means to be truly alive.

## Book Information

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## Customer Reviews

Only fifteen years ago, in 1993, Dr. Tom Graboys was on top of the world. He was one of the most

respected physicians in the rarified atmosphere of Boston cardiology and a member of the "dream team", convened to look into the controversial case of Reggie Lewis, the Boston Celtics star. Tom was a stalwart leader in the Lown Cardiovascular Group, named for Bernard Lown, a co-founder of the International Physicians for the Prevention of Nuclear War, which was the recipient of the Nobel Prize for Peace in 1985. Especially in the years leading up to the Nobel, Tom was active in IPPNW and in its US affiliate, Physicians for Social Responsibility. But Tom was more and had much more than that. He had a wonderful, accomplished and universally admired wife, Caroline. He had a brilliant mind and an athletic body. And he had a legion of patients who virtually worshiped him, as much for his humanity as for his skills as a Harvard cardiologist. Tom was known to the rest of us in Boston cardiology as a premier practitioner of non-invasive cardiology in its truest sense. He spoke and published widely on the over-use of expensive and often unnecessary invasive technologies. Even more importantly, he argued tirelessly in favor of seeing, listening to, and treating as a fellow human being the whole patient. Countless times on ward rounds, I have told residents and fellows that my friend Tom Graboys across town would have encouraged us, with evidence to support his view, "not to rush to angioplasty or coronary bypass surgery on this patient". But even I did not know everything that Peter Zheutlin and Tom himself have disclosed in this magnificent and beautifully written book.

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